

VAL Jongerentrofee Sint-Niklaas 29/07/2017

Zaterdag vond op eigen terrein de VAL Jongerentrofee plaats. Deze meerkamp lokte weer heel wat atleetjes. Een overzicht van alle estaties:

Benjamins meisjes

| | 60 | 600 | Ver | Hockey | Vierkamp | 4x60 |
|----------------------|--------------------------|-------------------------------|----------------------------|-----------------------------|-----------------------------|-------------------------|
| Dorien Dhaene | / | 2'27"78 (10 ^e) PR | 3m37 (2 ^e) | 15m09 (6 ^e) PR | 524 p ¹ | |
| Gitte Baert | 10"45 (3 ^e) | 2'15"27 (3 ^e) | 3m19 (6 ^e) | 17m25 (3 ^e) PR | 982 p (3 ^e) PR | 42"47 (1 ^e) |
| Lise Reyniers | 11"56 (12 ^e) | 2'28"17 (11 ^e) | 2m79 (11 ^e) | 16m65 (4 ^e) PR | 578 p (12 ^e) PR | 42"47 (1 ^e) |
| Talitha Muyltermans | 10"91 (9 ^e) | 2'32"21 (16 ^e) | 3m30 (5 ^e) PR | 12m03 (12 ^e) PR | 677 p (11 ^e) PR | 42"47 (1 ^e) |
| Violetta Vercauteren | 10"92 (10 ^e) | 2'22"53 (8 ^e) | 3m05 (7 ^e) =PR | 15m43 (5 ^e) | 764 p (7 ^e) PR | 42"47 (1 ^e) |

Benjamins jongens

| | 60 | 600 | Ver | Hockey | Vierkamp | 4x60 |
|--------------------|-----------------------------|-------------------------------|----------------------------|-----------------------------|-----------------------------|-------------------------|
| Joan Sarens | 10"33 (7 ^e) PR | 2'22"93 (13 ^e) PR | 3m49 (2 ^e) | 12m23 (17 ^e) PR | 919 p (10 ^e) PR | 41"00 (1 ^e) |
| Jorden Rooms | 10"19 (5 ^e) | 2'01"42 (1 ^e) | 3m20 (8 ^e) | 26m83 (3 ^e) PR | 1345 p (2 ^e) PR | 41"00 (1 ^e) |
| Jules Vydts | 10"15 (3 ^e) | 2'17"13 (6 ^e) | 3m38 (3 ^e) | 22m80 (7 ^e) | 1129 p (4 ^e) | 41"00 (1 ^e) |
| Korneel Dejonghe | 11"11 (15 ^e) | 2'17"19 (7 ^e) | 2m90 (13 ^e) PR | 17m76 (11 ^e) PR | 794 p (14 ^e) PR | 43"76 (2 ^e) |
| Lion Vercauteren | 12"43 (20 ^e) | 2'36"92 (17 ^e) PR | 2m21 (20 ^e) | 14m46 (16 ^e) PR | 295 p (19 ^e) PR | |
| Michiel Geerardyn | 10"41 (9 ^e) | 2'13"22 (4 ^e) | 3m23 (7 ^e) | 17m91 (10 ^e) PR | 1032 p (7 ^e) PR | 43"76 (2 ^e) |
| Robbe Verhagen | 11"99 (19 ^e) PR | 2'32"30 (16 ^e) PR | 2m66 (16 ^e) PR | 17m31 (12 ^e) | 475 p (17 ^e) PR | 43"76 (2 ^e) |
| Seppo Pauwels | 10"24 (6 ^e) | 2'31"00 (15 ^e) | 3m27 (6 ^e) =PR | 27m40 (2 ^e) | 1002 p (8 ^e) PR | 41"00 (1 ^e) |
| Wout Van De Gender | 10"39 (8 ^e) | 2'22"29 (12 ^e) | 3m07 (11 ^e) PR | 19m73 (8 ^e) | 922 p (9 ^e) PR | 43"76 (2 ^e) |

Pupillen meisjes

| | 60 | 1000 | Ver | Kogel | Vierkamp | 4x60 |
|---------------------|---------------------------|------------------------------|---------------------------|----------------------------|-----------------------------|-------------------------|
| Elise De Bosscher | 9"45 (4 ^e) | 3'45"31 (4 ^e) PR | 3m72 (3 ^e) PR | 5m91 (2 ^e) | 1614 p (4 ^e) PR | 36"26 (1 ^e) |
| Elise Loir | 9"44 (3 ^e) | 3'38"63 (2 ^e) | 3m65 (4 ^e) | 5m88 (4 ^e) | 1652 p (3 ^e) PR | 36"26 (1 ^e) |
| Helena Dejonghe | 9"28 (2 ^e) PR | 3'30"01 (1 ^e) | 3m74 (2 ^e) | 5m59 (6 ^e) | 1767 p (1 ^e) PR | 36"26 (1 ^e) |
| Jara Van Bastelaere | 9"90 (9 ^e) | 4'06"70 (14 ^e) | 3m40 (7 ^e) | 5m88 (3 ^e) | 1283 p (9 ^e) PR | 38"34 (2 ^e) |
| Louka Wauman | 10"11 (12 ^e) | 3'50"64 (5 ^e) PR | 3m36 (10 ^e) | 5m05 (11 ^e) PR | 1289 p (8 ^e) PR | 38"34 (2 ^e) |
| Martha Geerardyn | 9"13 (1 ^e) | 3'39"24 (3 ^e) PR | 3m84 (1 ^e) | 5m66 (5 ^e) | 1754 p (2 ^e) PR | 36"26 (1 ^e) |

¹ Niet opgenomen in de uitslag van de vierkamp wegens niet aan alle nummers te hebben deelgenomen

| | | | | | | |
|-------------------|------------------------|-------------------------------|---------------------------|-------------------------|------------------------------|-------------------------|
| Noa Reel | 9"89 (8 ^e) | 3'58"45 (12 ^e) PR | 3m37 (9 ^e) PR | 4m00 (18 ^e) | 1213 p (11 ^e) PR | 38"34 (2 ^e) |
| Phebe Van Lokeren | 9"90 (9 ^e) | 3'53"43 (7 ^e) | 3m38 (8 ^e) | 4m92 (12 ^e) | 1309 p (7 ^e) PR | 38"34 (2 ^e) |

Pupillen jongens

| | 60 | 1000 | Ver | Kogel | Vierkamp | 4x60 |
|---------------------|----------------------------|-------------------------------|-----------------------------|---------------------------|------------------------------|-------------------------|
| Jentel Vercauteren | 9"95 (16 ^e) | 3'53"38 (11 ^e) | 3m37 (15 ^e) =PR | 6m75 (6 ^e) | 1416 p (11 ^e) PR | |
| Lars Pauwels | 9"86 (14 ^e) | 3'44"57 (8 ^e) | 3m58 (7 ^e) | 6m10 (12 ^e) | 1505 p (9 ^e) | 37"36 (2 ^e) |
| Niels Van De Cloodt | 9"15 (2 ^e) | 3'37"06 (6 ^e) | 3m50 (10 ^e) | 5m66 (15 ^e) | 1691 p (3 ^e) PR | 35"52 (1 ^e) |
| Nils Van De Gender | 10"18 (19 ^e) | 3'47"24 (10 ^e) PR | 3m41 (12 ^e) PR | 6m28 (10 ^e) | 1391 p (13 ^e) PR | 37"36 (2 ^e) |
| Ole Verstraeten | 9"28 (4 ^e) | 3'54"47 (12 ^e) | 4m20 (2 ^e) | 4m53 (19 ^e) | 1610 p (6 ^e) | 35"52 (1 ^e) |
| Paul Sarens | 9"48 (5 ^e) | 4'35"91 (18 ^e) PR | 3m40 (14 ^e) | 6m90 (4 ^e) PR | 1281 p (16 ^e) PR | 35"52 (1 ^e) |
| Sven Anné | 9"85 (13 ^e) | 3'31"08 (3 ^e) | 3m57 (8 ^e) PR | 5m21 (18 ^e) | 1558 p (7 ^e) PR | 37"36 (2 ^e) |
| Thomas Dhaene | 9"21 (3 ^e) | 3'45"94 (9 ^e) PR | 3m87 (3 ^e) | 5m94 (14 ^e) | 1706 p (2 ^e) PR | 35"52 (1 ^e) |
| Ziggy Van Der Wee | 9"83 (12 ^e) PR | 4'11"72 (17 ^e) PR | 3m40 (13 ^e) PR | 5m50 (16 ^e) | 1242 p (17 ^e) PR | 37"36 (2 ^e) |

Miniemen meisjes

| | 80 | 1000 | Ver | Kogel | Hoog | Vijfkamp | 4x80 |
|--------------------|-----------------------------|-------------------------------|----------------------------|----------------------------|----------------------------|------------------------------|-------------------------|
| Caitlin Verleysen | 11"08 (1 ^e) | 3'42"44 (6 ^e) | 4m03 (4 ^e) | 9m68 (3 ^e) | 1m35 (6 ^e) =PR | 2663 p (2 ^e) PR | 43"83 (1 ^e) |
| Ellen Everaert | 11"84 (10 ^e) PR | 3'41"76 (4 ^e) PR | 4m23 (2 ^e) PR | 7m70 (9 ^e) PR | 1m40 (5 ^e) PR | 2472 p (3 ^e) PR | 46"38 (2 ^e) |
| Emma Van Hove | 12"49 (22 ^e) | 3'55"04 (18 ^e) PR | 3m55 (17 ^e) | 8m23 (5 ^e) PR | 1m45 (4 ^e) PR | 2175 p (11 ^e) PR | |
| Ine Roelandt | 11"36 (2 ^e) | 3'52"41 (12 ^e) PR | 3m86 (9 ^e) | 7m27 (13 ^e) PR | 1m30 (12 ^e) | 2270 p (7 ^e) PR | 43"83 (1 ^e) |
| Ines Manouali | 12"39 (19 ^e) PR | 3'40"52 (3 ^e) | 3m60 (14 ^e) PR | 6m42 (17 ^e) PR | 1m15 (24 ^e) PR | 1898 p (19 ^e) PR | |
| Jana De Jonghe | 11"83 (9 ^e) | 4'03"04 (23 ^e) PR | 4m24 (1 ^e) PR | 6m03 (19 ^e) | 1m30 (11 ^e) PR | 2106 p (13 ^e) PR | 43"83 (1 ^e) |
| Marie Geerardyn | 12"27 (18 ^e) | 3'53"23 (14 ^e) | 3m57 (15 ^e) | 5m40 (25 ^e) | 1m20 (21 ^e) | 1794 p (20 ^e) PR | 46"38 (2 ^e) |
| Merel Maes | 11"61 (5 ^e) PR | 3'48"85 (8 ^e) PR | 4m17 (3 ^e) PR | 6m12 (18 ^e) PR | 1m50 (1 ^e) PR | 2453 p (4 ^e) PR | 46"38 (2 ^e) |
| Osaratin Kefayetou | 11"59 (4 ^e) PR | 4'36"66 (27 ^e) PR | 3m98 (6 ^e) | 8m06 (7 ^e) | 1m45 (3 ^e) PR | 2187 p (9 ^e) PR | 46"38 (2 ^e) |
| Sara Goen | | | | | | | 43"83 (1 ^e) |

Miniemen jongens

| | 80 | 1000 | Ver | Kogel | Hoog | Vijfkamp | 4x80 |
|--------------------|----------------------------|-------------------------------|----------------------------|----------------------------|-----------------------------|------------------------------|-------------------------|
| Cédric De Foer | 11"36 (6 ^e) | 3'48"49 (22 ^e) | 4m13 (12 ^e) PR | 5m64 (20 ^e) PR | 1m20 (18 ^e) =PR | 2160 p (14 ^e) PR | |
| Cedric Verschueren | 11"03 (4 ^e) | 3'30"04 (12 ^e) PR | 4m65 (5 ^e) PR | 6m77 (11 ^e) | 1m40 (6 ^e) PR | 2792 p (6 ^e) PR | 44"11 (1 ^e) |
| Indy Tuyls | 10"90 (1 ^e) PR | 3'17"21 (4 ^e) PR | 4m78 (4 ^e) | 8m55 (5 ^e) PR | 1m25 (13 ^e) PR | 2942 p (4 ^e) PR | 44"11 (1 ^e) |
| Jentho Rooms | 12"71 (22 ^e) | 3'15"60 (2 ^e) | 3m85 (19 ^e) | 5m57 (21 ^e) | 1m25 (12 ^e) =PR | 2155 p (15 ^e) PR | 47"31 (2 ^e) |

| | | | | | | | |
|--------------------|--------------------------|-------------------------------|-------------------------|----------------------------|----------------------------|------------------------------|-------------------------|
| Lars Anné | 11"71 (10 ^e) | 3'18"70 (5 ^e) | 4m29 (10 ^e) | 5m21 (24 ^e) | 1m30 (9 ^e) | 2449 p (9 ^e) PR | 47"31 (2 ^e) |
| Lukas Smet | 11"43 (7 ^e) | 3'32"42 (14 ^e) PR | 4m33 (8 ^e) | 8m65 (4 ^e) | 1m25 (17 ^e) PR | 2574 p (8 ^e) PR | 44"11 (1 ^e) |
| Milan Pauwels | 12"11 (14 ^e) | 3'29"78 (11 ^e) | 3m77 (20 ^e) | 5m72 (19 ^e) | 1m25 (11 ^e) | 2128 p (16 ^e) PR | 47"31 (2 ^e) |
| Ruben Smet | 11"99 (13 ^e) | 3'21"68 (9 ^e) | 3m93 (15 ^e) | 5m50 (22 ^e) | 1m35 (8 ^e) | 2345 p (10 ^e) PR | 47"31 (2 ^e) |
| Rune Van Wauwe | 11"58 (9 ^e) | 3'26"72 (10 ^e) PR | 4m00 (14 ^e) | 6m80 (10 ^e) PR | 1m20 (20 ^e) | 2339 p (11 ^e) PR | 44"11 (1 ^e) |
| Thomas De Bosscher | 12"12 (15 ^e) | / | 4m18 (11 ^e) | 5m77 (18 ^e) | / | 1180 p ² | |

² Niet opgenomen in de uitslag van de vijfkamp wegens niet aan alle nummers te hebben deelgenomen