

ALLE CATEGORIEEN VROUWEN

punten	100	100h	200	400	400h	800	1500	3000st	5000	10000	mar	100km	hoog	pss	ver	hss	kogel	discus	hamer	speer	7K
500	11.47	13.37	23.34	52.69	57.37	02:03.55	04:13.48	09:58.16	15:33.21	32:45.19	2:33:23	7:08:43	1.88	4.45	6.46	13.83	17.48	58.82	67.30	53.06	5871
400	11.71	13.75	23.85	54.01	59.04	02:06.46	04:20.07	10:19.12	16:00.04	33:43.47	2:38:35	7:22:19	1.83	4.29	6.24	13.34	16.67	56.1	64.20	51.71	5615
300	11.96	14.14	24.38	55.36	01:00.75	02:09.43	04:26.82	10:40.59	16:27.51	34:43.16	2:43:55	7:36:14	1.78	4.13	6.01	12.85	15.87	53.38	61.10	50.35	5358
200	12.21	14.55	24.91	56.74	01:02.50	02:12.49	04:33.73	11:02.61	16:55.68	35:44.36	2:49:24	7:50:31	1.72	3.97	5.78	12.35	15.07	50.66	58.00	47.64	5100
100	12.34	14.75	25.18	57.45	01:03.40	02:14.04	04:37.26	11:13.83	17:10.04	36:15.56	2:52:11	7:57:47	1.70	3.89	5.66	12.11	14.26	47.93	54.89	44.93	4840
50	12.47	14.96	25.46	58.16	01:04.31	02:15.62	04:40.83	11:25.21	17:24.60	36:47.18	2:55:01	8:05:10	1.67	3.80	5.54	11.86	13.46	45.2	51.77	42.21	4580

CADETTEN / SCHOLIEREN MEISJES

punten	100	110h	200	400	400h	800	1500	2000st	3000	hoog	pss	ver	hss	kogel	discus	hamer	speer	7K			
200	12.61	15.17	25.74	58.89	01:05.22	02:17.22	04:44.46	07:21.44	10:12.95	1.65	3.72	5.43	11.61	14.26	42.47	48.66	40.85	4318			
150	12.74	15.38	26.02	59.62	01:06.16	02:18.84	04:48.14	07:28.49	10:21.40	1.62	3.64	5.31	11.36	11.84	39.73	45.54	39.49	4055			
100	12.88	15.60	26.31	60.37	01:07.10	02:20.49	04:51.87	07:35.66	10:29.97	1.59	3.56	5.19	11.11	11.03	36.99	42.41	36.77	3791			
50	13.02	15.82	26.61	61.13	01:08.06	02:22.16	04:55.66	07:42.93	10:38.67	1.57	3.48	5.08	10.86	10.63	35.62	40.85	35.4	3659			
25	13.16	16.04	26.90	61.90	01:09.04	02:23.86	04:59.50	07:50.32	10:47.51	1.54	3.39	4.96	10.61	10.22	34.25	39.28	34.04	3526			

MASTERS VROUWEN*

punten	100	110h	200	400	400h	800	1500	10:21.40	5000	10000	mar	100km	hoog	pss	ver	hss	kogel	discus	hamer	speer	7K
200	12.74	15.38	26.02	59.62	01:06.16	02:18.84	04:48.14	11:48.45	17:54.33	37:51.78	3:00:47	20:13.93	1.62	3.64	5.31	11.36	13.46	45.20	51.77	44.93	4580
150	12.88	15.60	26.31	60.37	01:07.10	02:20.49	04:51.87	12:00.32	18:09.53	38:24.79	3:03:44	27:55.96	1.59	3.56	5.19	11.11	12.65	42.47	48.66	40.85	4318
100	13.02	15.82	26.61	61.13	01:08.06	02:22.16	04:55.66	12:12.38	18:24.96	38:58.31	3:06:44	35:45.05	1.57	3.48	5.08	10.86	11.84	39.73	45.54	39.49	4055
50	13.16	16.04	26.90	61.90	01:09.04	02:23.86	04:59.50	12:24.63	18:40.63	39:32.35	3:09:47	43:41.53	1.54	3.39	4.96	10.61	11.03	36.99	42.41	36.77	3791

* PRESTATIE HERREKEND VOLGENS AGE FACTOR

BV. 200 vrouwen w50 komt een prestatie van 29,00 sec overeen met 26.22 sec, dus 150 euro.